



THE UNIVERSITY OF OKLAHOMA

women's outreach CENTER

August Newsletter

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Women's Outreach Center

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The Women's Outreach Center is part of Student Life, a division of Student Affairs. The University of Oklahoma is an equal opportunity institution. Accommodations on the basis of disability are available by contacting the Women's Outreach Center, OMU room 247 or (405) 325-4929.

Why Should You Care About Women's Issues This Fall?

We here at the WOC want you to know we have many opportunities to get involved on campus and offer resources for your college experience (new or returning!) for the rest of your higher education career. We encourage you to take some time out of your day, even for an hour to distribute literature or help at an event, to volunteer with us fall. With so many opportunities on your horizons, why choose the Women's Outreach Center?

Here are a few reasons why women's issues impact everyone on campus:

- These issues either effect you or your fellow students, friends, and classmates directly
- We all have a part in making our campus safer, better, and more informed
- Volunteering for important and relevant causes can help you make your mark on campus
- Gives you a chance to be an agent of change, and promote a positive culture for women on our campus
- Make this semester count—give back to something bigger than yourself

The WOCtastic Woman of the Month goes to...

Do you know a WOCtastic Woman right here on our campus? The Women's Outreach Center will be highlighting one WOCtastic Woman each month in our newsletter. We are seeking creative ways that women on our campus break down barriers or serve as role models.

Examples might include a student activist, a professor researching women's issues or a student choosing a male-dominated career path. There are many ways to shine and we want to honor and recognize the talent on our campus. We are looking for self-identified women who:

- Break down barriers
- Lead by example
- Speak their minds

Email nominations to woc@ou.edu by the 15th of the month to be considered for the following month's newsletter. Include a few sentences on how this woman fits the criteria, your name and contact information and the name and contact information of the nominee. One woman will be selected each month and will be featured in our newsletter.

Go the Distance! Race for the Cure 2010

Race for the Cure is an annual benefit event hosted by Susan G. Komen for the Cure. This event seeks to raise funds, awareness, and support for breast cancer. This year's Race is quickly approaching! The Central Oklahoma Race will be held Saturday, October 9th in downtown Oklahoma City. We encourage you to GO THE DISTANCE and register to run, or walk, in this year's Race. Registration is now available, and we hope you join our team – Walk with the WOC!

Race for the Cure is an incredible event that is both inspiring and gratifying. It is a great way to show your support for the cause and commit to leading a life conducive to breast health for you and your loved ones! A majority of the funds raised by the Race stay in the state of Oklahoma to fund grants and serve the needs of underserved populations, while the remaining portion is contributed to research efforts on a national level.

As a grantee of Susan G. Komen for the Cure, the WOC is excited about this event and hope to once again surpass last year's goal of a 50 member team. Our goal this year is 60 members. Please help us reach it! You can start by registering at www.komencentralok.org. Click on the "Race for the Cure" link at the top of the page. Then, click "Join an Existing Team" listed on the right side of the page. Search for our team using our team name – "Walk with the WOC". We hope to see you all there!



CALLING ALL VOLUNTEERS!

Do you feel strongly about Sexual assault awareness? What about Breast Health Awareness? Do you want to put that passion to work?

To sign up for volunteer opportunities email:
woc@ou.edu

Go the Distance

WALK WITH THE WOC AND RACE FOR THE CURE!

JOIN OUR TEAM

Visit www.ou.edu/womensoc for directions and further information



womensoutreach

STUDENT LIFE



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Remembering Women's Equality Day



Thursday, August 26th was Women's Equality Day. Women's Equality Day commemorates the passage of the 19th Amendment—the Constitutional Amendment granting women the right to vote. Furthermore, Women's Equality Day brings light to the continuing efforts of women to reach full equality. The United States Congress designated August 26th as Women's Equality Day in 1971.

This year, the Women's Outreach Center celebrated Women's Equality Day by sponsoring a voter registration drive. Volunteers staffed a booth on the South Oval that provided unregistered voters with voter registration forms and information about obtaining absentee ballots. It is crucial that women vote so that the particular needs of women will be represented in the country's legislation. If you missed us on the Oval, stop by the WOC to register to vote or get more information.



SEPTEMBER EVENTS:

-8th, 15th, 22nd, and 29th
Breast Health Awareness Month
Planning Committee Meetings
4 pm - 5pm

-14
Sooner Ally training
1pm-4pm

-21
LGBTQ Brown Bag Lunch Meeting

-27th-Oct 1
Rape Awareness Week

OCTOBER EVENTS:

Breast Health Awareness Month

Gay and Lesbian History Month

-9
Susan G. Komen Race for the Cure –
Walk with the WOC

**Contact us at 325-4929 or
at woc@ou.edu to sign up
for any of these
opportunities.**



All Hands on Deck for Breast Health Awareness Month!

Looking for ways to get involved this year? Passionate about spreading awareness? If so, YOU should join the WOC's planning committee for Breast Health Awareness Month events and efforts. You will be involved with planning a series of fun and meaningful programs and outreach opportunities where students will learn about breast cancer and the importance of breast health. This is a great opportunity for becoming connected with YOUR University and your peer group! Contact Elizabeth Hart to sign up and for more information – ebhart@ou.edu

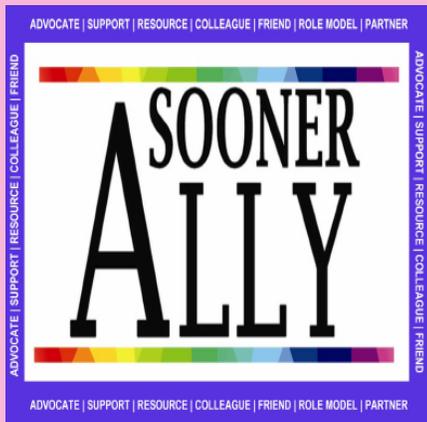
LGBTQ Advisory Board and Summer Retreat

This summer, I was fortunate enough to join the Women's Outreach Center and Student Life as the new LGBTQ Affairs Intern. In order to prepare for the upcoming year, I attended the Campus Pride leadership camp at Vanderbilt in Nashville. It was an amazing experience during which students from all across America, both LGBTQ students and allies alike, came together to learn how to enact change on their college campuses. We networked, made action plans, and grew together as leaders. It left me feeling hopeful and ready for everything I have to come in the year ahead.

Joining me this year are several great graduate and undergraduate students who form the new LGBTQ Advisory Board: Madeline Ambrose, Whitney Patterson, Duke Lambert, Haley Brown, Ashley Weston, Mandy Hardin, and Brenton Wimmer. We recently had our planning retreat, and I can safely say that this will be an amazing group! We have some wonderful plans for programming, and we really hope to improve the campus climate this year! Of course we will always need help and volunteers, so be sure to sign up for our mailing list for volunteer opportunities. We really appreciate it.

In conjunction with our Sooner Ally program, we will be having new brown bag lunches at different times throughout the year. Several people have expressed interest in more in-depth training sessions. In order to keep training lengths manageable, we are offering these one-hour sessions (covering various topics) supplementary to the primary training. We look forward to seeing more of you sign up for Sooner Ally sessions, and we hope to see more of you take advantage of our brown bag lunches as well! This should be a great year!

Bobby Mace, LGBTQ Affairs Intern



| From left to right | Whitney, Duke, Madeline, Brenton, Bobby, Haley, Mandy